

# 14<sup>th</sup> Annual Health and Human Services Summit Course Descriptions

## 10-26-18 at the Ocean Center 8:30 am to 5:00 pm

The One Voice for Volusia Coalition is proud to present the power of collaboration at its finest by offering 16 world class trainings provided by our amazing partner agencies from across the region and state. Earn up to 7 CEU's in on day and visit the exhibition hall for fantastic networking and information sharing. Course descriptions below. Register at using the link at [www.ovfv.org](http://www.ovfv.org). Organizations sending 3 or more participants please consider being a \$100 Training Sponsor to support this effort.

### Morning Classes 8:30 am



#### **Sexual Abuse Treatment Program – 2 CEU's**

Brought to you by Morgan Perun, LMHC who runs The House Next Door's Sexual Abuse Trauma Program training and she will be co-training with Valerie A. Stanley, University of Florida, Associate Director, Division of Forensic Pediatrics & Child Protection UF First Coast Child Advocacy Center Team Coordinator for First Coast Child Protection Team

This training is geared toward professionals who work with youth that have been sexually abused. Areas that will be covered include:

- ❖ Definition of child sexual abuse
- ❖ Statistics on sexual abuse
- ❖ Resiliency factors
- ❖ Healthy/Unhealthy sexual development in children
- ❖ Behaviors of sexual predators
- ❖ What can you do to help?
- ❖ Reasons why children don't tell
- ❖ Child Protective Factors
- ❖ Signs & Symptoms of abuse
- ❖ PTSD



#### **Coordinated Response to Domestic Violence: Perpetrator Accountability in Child Welfare Cases 2 CEU's**

Brought to you by regional experts Angie Pye, Chief Executive Officer of the Beacon Center (Domestic Abuse Council, Inc.) and Charles Puckett M.S., C.P.M., the Circuit 7 Community Development Administrator for Volusia, Flagler, St. John's, and Putnam Counties DCF.

Service providers who may encounter survivors of domestic violence and their children will learn how to partner with the criminal justice system to ensure survivor and child safety. Attendees will learn how it identify lethality in domestic violence cases and how to create a safety plan around batterer generated risks. Attendees will have a better understanding of batterer behavior and learn how to avoid unintentional collusion with the perpetrator while aligning with the survivor to support safety and well-being of children.

# 14<sup>th</sup> Annual Health and Human Services Summit Course Descriptions 10-26-18 at the Ocean Center 8:30 am to 5:00 pm



## **An Overview of Trauma/Toxic Stress, Adverse Childhood Experience Study (ACES) & Strengthening Families Protective Factors – 2 CEU's**

Brought to you by Maria Long, B.S., M.Ed., who is a LifeSong Initiative Consultant for Healthy Start Coalition of Flagler & Volusia Counties. She utilizes her background as a Consultant, Certified Community Health Worker (CCHW), Community Outreach Perinatal Educator (COPE), CityMatch Leader, experiences with families promoting maternal and child health and knowledge of Trauma/Protective & Promotive Factors to bring this training to life.

This Course provides a high-level overview the role of Trauma/Toxic Stress and Adverse Childhood Experiences Study (ACES) and their link to risky health behaviors resulting in poor health outcomes in childhood, adolescence and adulthood if left untreated. Participants will be given an opportunity to complete their own ACES Survey.

This course provides information that enables participants to understand how Adverse Childhood Experiences can negatively impact healthy physical, cognitive, emotional and social growth and development and the possible effects of this unhealthy development and will introduce the Strengthening Families/Protective Factors as one means to help mitigate these risk factors.

Learners will be able to:

- ❖ Define Trauma/Toxic Stress and Adverse Childhood Experiences
- ❖ Describe the Adverse Childhood Experience Study (ACES)
- ❖ Complete your own ACES Survey
- ❖ Describe the relationship between Trauma/Toxic Stress, Adverse Childhood Experiences and the Strengthening Families Protective Factors
- ❖ List the 5 Strengthening Families Protective Factors 2 hours

Audiences: Healthcare Providers (serving adults, adolescents and children), Early Childhood Learning Groups, Childcare Providers, Department of Children and Family Services, Guardian Ad Litem, Foster Care System, Juvenile Justice System, School System, Faith Based Institutions and Community Members/Groups & Organizations.



## **Suicide Prevention: Question, Persuade, Refer (QPR) Training – 3 CEUs**

Brought to you by Michael Crisanto, from FL LINC, who is a mental health therapist with a M.A. in Clinical Psychology from the University of Florida and a B.A. in Psychology from the University of Florida. He has 10 years of experience working in community mental health settings in Forensics, Substance Abuse, and Outpatient Services. He is currently the Regional Suicide Prevention Specialist in Circuit 5 and Circuit 7 under 2 SAMHSA Garrett Lee Smith Memorial Grants.

QPR Training is an evidence-based suicide prevention training that shares suicide statistics, myths and facts, risk factors and warning signs, and creates community gatekeepers able to identify suicide risk, talk with suicidal people, and enlist help and resources. Approximately 3 hours

# 14<sup>th</sup> Annual Health and Human Services Summit Course Descriptions

## 10-26-18 at the Ocean Center 8:30 am to 5:00 pm



### Are YOU a person of Influence?

Brought to you by Teresa Rand. Teresa has been the President/Chief Executive Officer for the Volusia Flagler Family YMCA since 2008 and worked for the YMCA for 28 years and is now embarking on her second act as a Leadership coach, speaker, and trainer. She is also a certified yoga instructor and mindfulness meditation guide, serves in many civic leadership roles and in her spare time has completed 11 marathons, multiple triathlons, an Outward Bound sailing excursion and a skydiving adventure.

**Course Description:** Are you interested in growing yourself, other people and your organization? Then you MUST learn how to be a person of influence. This session will focus on the who, how, when and why of being an effective influencer.

You will be guided in a self-evaluated influence inventory and learn real life actionable skills that can immediately be put into practice. Leadership IS influence!

#### Key Goals and Objectives

- ❖ Participants will leave with a better understanding of Influence
- ❖ Participants will have an increased understanding for their own influence with others.
- ❖ Participants will leave with a minimum of one action item they can use during the day of the summit!
- ❖

## MID MORNING CLASSES 10:45 am\*

### *Devereux Advanced Behavioral Health – Unlocking Human Potential*

#### **Commercial Sexual Exploitation of Children: Human Trafficking 101- 2CEU's 10:45 to 12:45**

This training is suggested for any provider who works with youth. This training offers a common definition of human trafficking and commercial sexual exploitation of children, explains how children are recruited, who the exploiters and customers are, the effects of trauma, and how to identify youth who have been exploited. This training also provides recommendations for effective service provision.

#### Objectives:

- ❖ To gain a broad understanding of what CSEC is (definitions, dispel myths, demand).
- ❖ To be able to identify pathways and precursors to CSEC.
- ❖ To be able to identify survivors of CSEC and their needs.
- ❖ To gain an understanding of effective service provision.

Presented by Erin Wirsing, MSW and Jennifer Alvarado, LCSW. Erin Knowles Wirsing is the DELTA Program Manager for commercially sexually exploited children (CSEC) at Devereux Florida. She has worked with trafficked persons since 2006, and currently provides advocacy for individuals who have survived commercial sexual exploitation and serves as a Consultant on behalf of the U.S. Department of Justice, Office for Victims of Crime, Training and Technical Assistance Center. Jennifer Alvarado is a Licensed Clinical Social Worker and works with Devereux Advanced Behavioral Health as a DELTA Therapist. The DELTA Treatment Track is the identified treatment program throughout the Devereux continuum of care for victims/survivors of Commercial Sexual Exploitation. Jennifer provides Trauma-Focused Cognitive Behavioral Therapy to high-risk individuals and survivors of human trafficking. She is passionate about raising awareness and educating the community and volunteers with local organizations to organize events and raise funds for trafficking survivors.

# 14<sup>th</sup> Annual Health and Human Services Summit Course Descriptions 10-26-18 at the Ocean Center 8:30 am to 5:00 pm



## **Vicarious Trauma – 2 CEU's 10:45 am to 12:45 pm**

Brought to you by Shandra Davis, PsyD, Outpatient Program Director for Chrysalis Health and Adjunct Professor in Tampa. Dr. Davis has served for 16 year providing leadership, clinical and supervisory services to at risk youth and their families and has her MA in Clinical Psychology and is Doctor of Clinical Psychology with a specialty in Child & Adolescent Psychology.

The term vicarious trauma also called compassion fatigue is the latest term that describes the phenomenon generally associated with the “cost of caring” for others It is believed that counselors working with trauma survivors experience vicarious trauma because of the work they do. If you work in a field where your client’s experience trauma, then this course may be for you.

Objectives:

- ❖ For participants to understand what is meant by “Vicarious Trauma” (VT)
- ❖ For participants to reflect upon and self-assess their own experiences with VT and how this may impact them
- ❖ To give participants food for thought about developing protective coping strategies that help them influence the process of VT



**10:45 am to 12:45 pm**

## **Reaching Alignment: Moving Toward Integration of our Services to Improve Child Wellbeing**

To have true community impact and increase outcomes for our area children we must integrate our systems of care to maximize resources and outcomes. This interactive session will work to identify existing community assets and as well as gaps that need to be filled and work towards aligning service delivery systems and drawing down new resources to improve the system of care for our children and families. If you lead the charge for part of our system of care then we need you at the table.



**10:45 am to 12:45 pm**

## **The Power of Collective Impact: 1<sup>st</sup> Round of Community Impact Report and the Upcoming RFP Cycle**

The United Way envisions a world where all individuals and families achieve their human potential through education, income stability and healthy lives. By using the Community Impact Model and selecting proposals that would improve educational outcomes, health and financial stability in our communities, the United Way of Volusia-Flagler Counties has seen a significant return on investment. As a new funding cycle approaches, staff will share about the current successes being seen and address the upcoming Request for Proposals process with interested service providers and stakeholders.

# 14<sup>th</sup> Annual Health and Human Services Summit Course Descriptions

## 10-26-18 at the Ocean Center 8:30 am to 5:00 pm



\* “Medicare for All” Special Session - 11:00 to

### Noon

Dr. Sriram is the host of “Dr. America,” an innovative podcast about health justice on We Act Radio. He also writes about the relationships between health policy and civil rights. Dr. Sriram completed his medical degree and his pediatrics residency at UCLA, where he also served as Chief Resident at the Department of Pediatrics. In June 2009, he earned his Masters in Public Health after completing the Commonwealth Fund Mongan Fellowship in Minority Health Policy at the Harvard School of Public Health. Dr. Sriram then moved to Washington, DC to advocate for passage of the Affordable Care Act. He currently practices general pediatrics in southeast Washington, DC and is an Assistant Professor of Pediatrics at the George Washington University School of Medicine and Health Sciences. Dr. Sriram is a supporter of the ACA but wants the country to transition to Single-Payer Medicare for All.

*Please visit the ballroom and network with exhibitors during breaks. Snacks and lunch sold in the lobby.*

## MID AFTERNOON CLASSES



### **PEER PANEL: The Power of Lived Experience in Supporting Recovery, Reunification and Resiliency - 1:00 to 2:30 pm**

Please join this amazing panel and discover the power of possibility and the gift of hope that these professionals bring into the human services field. Certified Peers are transforming the way case management and service delivery is provided by offering compassionate, knowledgeable client support from experts who don't just believe that recovery, reunification and resiliency is possible... they know from their own journeys' that it is!

# 14<sup>th</sup> Annual Health and Human Services Summit Course Descriptions 10-26-18 at the Ocean Center 8:30 am to 5:00 pm



## Motivational interviewing Overview - 2 CEU's 12:30 to 2:30 pm

Motivational Interviewing is a clinical approach that helps people with mental health and substance use disorders and other chronic conditions such as diabetes, cardiovascular conditions, and asthma make positive behavioral changes to support better health. The approach upholds four principles— expressing empathy and avoiding arguing, developing discrepancy, rolling with resistance, and supporting self-efficacy (client's belief s/he can successfully make a change).

Brought to you by Lutheran Services of Florida Health Systems and their professional trainer, Samantha Lawson, this course adds important skills to any Human Services professional's tool box.



**Spencer NP Solutions.**

Becky Spencer, CPA  
President  
Spencer Nonprofit Solutions



Jo Lynn Deal, APR  
Certification Instructor  
Nonprofit Marketing Academy

## Using LinkedIn To Secure Sponsors and Funding Partners – 1:30 to 2:30 pm

If you want more event sponsors and funding partners, you need a proven strategy. Why not use the most powerful networking tool available? In this training, participants will learn how to:

- ❖ How to add value to your sponsor packages and partner programs using LinkedIn
- ❖ What is the right network to build on LinkedIn
- ❖ How to engage board members, staff, and volunteers in the LinkedIn Strategy

## Late Afternoon Courses: 3:00 to 5:00 pm



## NEUROSCIENCE: THE BRAIN and BEHAVIORAL CONNECTIONS BETWEEN TRAUMA, OPIOID USE DISORDER, DEPRESSION AND PTSD – 2 CEU's

Brought to you by James L. Fenley, Jr., MD, who is a board-certified physician and a recognized speaker in the field of addiction medicine with twenty-five years of experience helping addicts, their family members, and other professionals who treat addiction.

This presentation will focus on a discussion which will include a look at the integral connection between trauma, particularly Chronic PTSD related to child sexual abuse and Opioid Use Disorder at the level of both being stress driven disorders and opioids being the brain's "drug of choice" perhaps in PTSD. We will also explore the connection of both Major Depressive Disorder and PTSD from a neurobiological standpoint in terms of damage anatomically to the brain and the role of endogenous opioids. Pharmacologic agents including antidepressants, anti-hypertensives, exogenous opioids (especially Buprenorphine will also be discussed. Brain illustrations, PET scans, and behavioral changes will be used to enhance understanding of the presentation. Some of what is presented is theory: most of it is fact.

Brought to you by the One Voice for Volusia Coalition. Registration and additional details can be found at [www.ovfv.org](http://www.ovfv.org)

# 14<sup>th</sup> Annual Health and Human Services Summit Course Descriptions

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### **Autism Community Training: “ACT Now!”** Understanding Autism & Strategies for Success

Early intervention can reduce communication/developmental delays and even eliminate some symptoms of autism, but timing is crucial. Learn to identify early indicators of ASD and build strategies to support growth and development as well as learn strategies to manage everyday challenges for parents and teachers alike.

#### Objectives:

1. Gain a working knowledge of autism spectrum disorders to include prevalence, etiology and core signs and symptoms
2. Identify the dominating impact of environment, sensory processing, communication, social and behavioral challenges
3. Identify common challenges associated with ASD that may interfere with classroom and home success.
4. Identify 3-5 ways to build engagement with your child
5. Develop a repertoire of strategies to support inclusion and child success in both home classroom settings.
6. Identify at least 2 strategies in each of the following areas to enhance a child’s skills to lessen daily frustrations at home and school:
  - Behavior
  - Feeding
  - Toileting
  - Communication
  - Teeth care
  - Bathing
  - Haircare



### **“It’s Time to Talk About It” (ITT) Family Suicide Prevention Training** – *Families will receive a \$30 stipend for attending this 2-hour course*

Brought to you by Michael Crisanto, from FL LINC, who is a mental health therapist with a M.A. in Clinical Psychology from the University of Florida and a B.A. in Psychology from the University of Florida. He has 10 years of experience working in community mental health settings in Forensics, Substance Abuse, and Outpatient Services. He is currently the Regional Suicide Prevention Specialist in Circuit 5 and Circuit 7 under 2 SAMHSA Garrett Lee Smith Memorial Grants.

Family members learn how to identify and differentiate between warning signs and risk factors of suicide, how to talk about suicide, different strategies to communicate with youth, the ALIVE approach, and how to support a youth in need. Approximately 2 hours. Appropriate for families and members of the community.

# 14<sup>th</sup> Annual Health and Human Services Summit Course Descriptions

## 10-26-18 at the Ocean Center 8:30 am to 5:00 pm



### Introduction to Wraparound

Course Description with goals and objectives: Introduction to Wraparound is a training designed to educate system partners (Child Welfare, DJJ, provider organizations, school personnel, system leadership and the community at large) about the Wraparound process. This training involves an overview of system of care values and Wraparound. Attendees who would benefit are; individuals, organizations and systems that are interested in learning about or implementing the Wraparound process in their community.

#### Learning Objectives:

- ❖ To have an overview and understand the Wraparound process.
- ❖ To list and describe major differences between traditional service planning and wraparound process coordination.
- ❖ To list and describe the major principles (values) of the wraparound process.
- ❖ To list and describe the phases and activities of the wraparound process.
- ❖ To discriminate the roles and examples of activities that are typically associated with the facilitator job function, and the role of family support partner.

Thank you for participating in the **14<sup>th</sup> Annual Health and Human Services Summit**. Please help us promote this event on social media, in your offices and through your connections by posting flyers, forwarding invitations and sharing with consumers. We will see you on the 26<sup>th</sup>!

## 14<sup>th</sup> Annual Health & Human Services Summit

Friday, October 26<sup>th</sup>, 2018

Ocean Center - 101 N Atlantic Ave, Daytona Beach



**Free event! ALL are welcome!**

**Sponsorships Now Available - Contact Julie Barrow at [julie@ovfv.org](mailto:julie@ovfv.org)**

